

Draw Bowling Drills

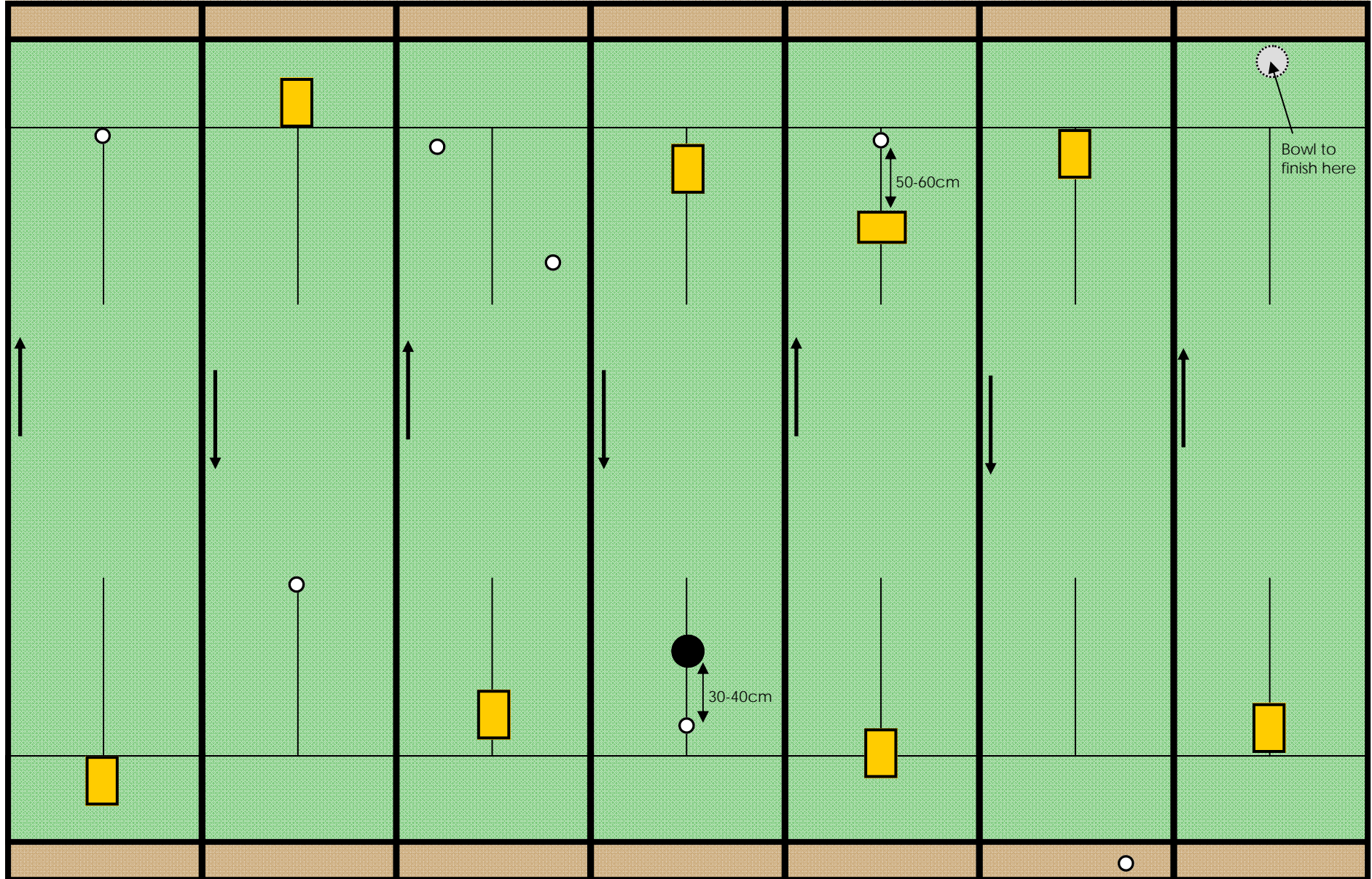
4 Bowls needed for all drills. Bowl 2 Forehand (F/H) and 2 Backhand (B/H) for each

Maximum length end.
Draw to the Jack

Jacks off line. Draw 1 F/H
and 1 B/H to each Jack

Draw around mat. Mat
represents a Head

Draw into End Zone with-
out finishing in ditch



Minimum length end.
Draw to the Jack

Jack hidden by bowl.
Draw to Jack

Jack in ditch. Draw to
jack without finishing in
the ditch

Bowl to
finish here

50-60cm

30-40cm